

Team building in a coastal environment.

Description: On this tour we travel out to the coast of Norway to experience a fantastic landscape consisting of small islands and numerous lakes. A main attraction is a day out at sea with a local fisherman in a private fishing boat. All necessary equipment is provided, and our local fisherman will teach you the basics of the fishing equipment and how to use it. Other activities in the area consist of visiting an old fortress from the Second World War, traveling out to small and charming islands, go for shorter or longer hikes, or just relax by some of the numerous lakes in the area. In addition to this we provide a wide variety of team building activities here - including everything from ice breaker games to more action oriented games and games based on knowledge.



Actually, Norway's first wind turbine is located just minutes away. The turbine has been quite controversial, and there are still plans for a larger park in the area, but the locals are afraid that the park will affect the wildlife so they fight quite hard against it.

Accommodation: Accommodation on the island will be at an old school rebuilt to a small conference centre. The facilities are basic and there are possibilities for both self catering and half board. It is also possible to combine this tour with a day or two in Trondheim.



How to get there: There are direct flights from Copenhagen to Trondheim, and from Trondheim there is about 2 hour on an amazing fjord cruise out to the island.

Team building with extreme activities.

Description: On this tour we get together right between the national parks of Jotunheimen and Rondane located in the Norwegian inland. This is a perfect location for activities like glacier walking, rafting and caving. We also offer activities like climbing and sling shot jumps from bridges. All this are combined with traditional team building activities which will be fitted for the group to make it the perfect trip. There are also possibilities for hikes in the national parks and peak tours if requested.

Accommodation: Accommodation here will be in small cottages, and there are an outside fire spot available for use in the evenings. There are possibilities for both self catering and half board.

How to get there: The location is about 4 hours north-northwest of the capital Oslo, and can be reached by car, bus and train.



Team building in a fjord landscape (seasonal).

Description: On this tour we combine fjord sightseeing in some of the worlds most beautiful fjords with traditional team building activities. There will also be possible to join for scenic hikes and several winter sport activities during the winter. Note that this alternative is seasonal and not operating all year.



Accommodation:

Accommodation will be in cottages, and there are possibilities for both self catering and half board.

How to get there: The location is about 1.5 hours from Bergen or 5 hours from Oslo, and can be reached by car, bus and train from both cities.

Classical team building.

Description: On this tour we are offering classical team building activities. Among the options are a height park which include canopy walks and different activities up in the air. We also provide rock climbing, rafting and rappelling, and by request there are possible to do skydiving.



Accommodation: Accommodation will be in cottages, and there are possibilities for both self catering and half board.

How to get there: The location is about 5.5 hours from Oslo or 2 hours from Trondheim, and can be reached by car, bus and train from both cities.